



Magaca:

Taariikhda Dhalashada:

Taariikhda Mantay: \_\_\_\_\_

# Su'aalaha Quran ee Bukaanka Cusub

Dhakhtarka Daryelka Koowaad: \_\_\_\_\_  
Rugta Daryelka Koowaad: \_\_\_\_\_

Miya la taallin la soo jeediyay?  Haa  Maya  
Dhakhtarka soo gudbiyay magaciisa (haddii u ka duwanyahay):

*Fadlan ka jawaab su'aalaha soo socda si ay u fududaato ogaanshaha xaaladda cudurkaaga.*

## **Sababaha la xariira ballamadaada:**

- Haa       Maya      Astaamaha cudurka la xariira Sanka ama Samboorka
  - Haa       Maya      Astaamaha cudurka Indhaha
  - Haa       Maya      Neefta
  - Haa       Maya      Quffaca
  - Haa       Maya      Cambaarta
  - Haa       Maya      Xajiinta nabraha maqaarka (eeg bogga 4)
  - Haa       Maya      Falcelisyada Cuntada (eeg bogga 4)
  - Haa       Maya      Qaniinyada Cayayaanka (eeg bogga 5)
  - Haa       Maya      Wax kale

## **Dhaqtarka qoralkisa**

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**Haddii aad leedahay astaamaha xagga sanka ama samboor, ma leedahay:**

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|------------------------------|-------------------------------|--|
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Cabburka sanka                                     |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Sanka oo biyo ka socdaan                           |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Cuncun   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Hindhiso   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Tog-tognaan  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Dareere xagga cunaha hoose                         |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Dareere jaalle/cagaar                              |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Dhiigbax   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Darenka dhadhanka oo liita                         |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Barar duleelka sanka ee waqtii hore                |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Qalliiin samboorka ee waqtii hore taariikhda _____ |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Madax-xanuun samboorka                             |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Caabuuqyo waqtii hore ee samboorka                 |
|                              |                               | Imisa jeer sanadihi la soo dhafay? _____           |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Ma isticmaashay buufinta sanka?                    |
|                              |                               | Haddii haa, magacyada:                             |

Haa     Maya    Astaamaha cudurka kiniiniyo ma u isticmaashay?  
Haddii haa magacyada:

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**If you have eye symptoms, do you have:**

- |       |        |   |
|-------|--------|---|
| □ Haa | □ Maya | Cuncun  |
| □ Haa | □ Maya | Biyo ka socda   |
| □ Haa | □ Maya | Guduudnaan  |
| □ Haa | □ Maya | Gubasho   |
| □ Haa | □ Maya | Dheecaan/fiish  |
| □ Haa | □ Maya | Ma isticmaashay daawada dhibcaha indhaha?<br>Haddii haa, maqacyada: |

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Mararka ay dhacan Astaamaha la xariira Sanka/Samboorka/Indhaha:

## **Dhaqtarka qoralkisa**



# Allergy Clinic

Magaca:

Taariikhda Dhalashada:

Taariikhda Mantay:

## Su'aalaha Quran ee Bukaanka Cusub

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|--|--|
| <input type="checkbox"/> Guga                | <input type="checkbox"/> Subaxii                 |
| <input type="checkbox"/> Xagaaga/kulaylahaa  | <input type="checkbox"/> Fiidkii                 |
| <input type="checkbox"/> Dayrta              | <input type="checkbox"/> Inta la jiifo           |
| <input type="checkbox"/> Diraacdha/qaboobaha | <input type="checkbox"/> Xilliga shaqada/dugsiga |
| <input type="checkbox"/> Waqtii kasta        | <input type="checkbox"/> Dhismaa dibaddiisa      |
|  | <input type="checkbox"/> Dhismaha gudahiisa      |

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**Astaamaha cudurka la xariira Sanka/Samboora/Indhaha waxaa uga sii daray:**

- |  |   |
|--|---|
| <input type="checkbox"/> Bisadaha            | <input type="checkbox"/> Caws jaridda             |
| <input type="checkbox"/> Eeyaha              | <input type="checkbox"/> Uruurinta caleamaha      |
| <input type="checkbox"/> Habaaska            | <input type="checkbox"/> Kulayka                  |
| <input type="checkbox"/> Jimicsiga           | <input type="checkbox"/> Isbaddalka herkulka      |
| <input type="checkbox"/> Dureyada/caabuqyada | <input type="checkbox"/> Brafuumada/udugyada      |
| <input type="checkbox"/> Cabidda sigaarka    | <input type="checkbox"/> Cuntooyinka: _____       |
| <input type="checkbox"/> Uumiga              | <input type="checkbox"/> Maandootiyeyaasha: _____ |
| <input type="checkbox"/> Qabowga             | <input type="checkbox"/> Wax kale: _____          |

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**Haddii aad leedahay Calaamadaha cudurka Neefta ama Quffaca, ma leedahay:**

- |                              |                               |   |
|------------------------------|-------------------------------|---|
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Xiiq  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Neefsí yari   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Ciriiri xagga xabadka   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Quffaca waqtiga hurdada   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Quffac xaaqo wata   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Laabjeex  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Neef lagu sheegay? Da'ada; _____  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Astaamaha illaa caruurnimada?<br>Haddii haa, da'ada uu bilowday: _____  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Neef isbitaal lala seexiyay?<br>Haddii haa, tirada: _____   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Booqashada Qolka Deg-degga ee neefta la xariirta?<br>Haddii haa, tirada: _____  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Astaamahaan cuudurka ma sababeen maalmo aadan<br>dugsiga aadin ama shaqada sanadkii la soo<br>dhaafay?<br>Haddii haa, tirada: _____ |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Astaamahaan cuudurka ma u adeegsatay buufinta<br>sanka?<br>Haddii haa, magacyada: _____   |

## Astaamaha Neefta/Quffaca haddii ay jiraan:

- Guga
  - Xagaaga/kulaylahaa
  - Dayrtaa
  - Jiilaalka/qabobaha
  - Sanadka oo idil
  - Subaxii
  - Galabtii
  - Fiidkii
  - Habeennimada
  - Guriga
  - Shaqada/dugsiga

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## Astaamaha neefta/quffaca waxaa uga sii daray:

- Xayawanada       Qabowga  
 Boorka       Uumiga hawada

### **Dhaqtarka goralkisa**

Magaca: \_\_\_\_\_  
 Taariikhda Dhalashada: \_\_\_\_\_  
 Taariikhda Mantay: \_\_\_\_\_

## Su'aalaha Quran ee Bukaanka Cusub

- |                                      |   |
|--------------------------------------|---|
| <input type="checkbox"/> Qaaca       | <input type="checkbox"/> Jimicsiga                |
| <input type="checkbox"/> Cuntooyinka | <input type="checkbox"/> Hawada qabow             |
| <input type="checkbox"/> Caabuqyada  | <input type="checkbox"/> Maandooriyeyaasha: _____ |

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_____
_____

### Cimilada Guriga

- |  |   |
|--|---|
| <input type="checkbox"/> Guriga/aqalka                             | <input type="checkbox"/> Magaalada                                      |
| <input type="checkbox"/> Qayb-dhismo guri/guryo<br>lawada leeyahay | <input type="checkbox"/> Dalka/Duuurka/Harada                           |
| <input type="checkbox"/> Gaari-guri socda                          | <input type="checkbox"/> Daafaha magaalada                              |
| <input type="checkbox"/> Bisado Imisa? _____                       | <input type="checkbox"/> Sigaar cabidda                                 |
| <input type="checkbox"/> Eeyo Imisa? _____                         | <input type="checkbox"/> Hawa dhaliyaha kulaylka                        |
| <input type="checkbox"/> Shimbiro                                  | <input type="checkbox"/> Qoryaha la shito istoofka/ gobta<br>dab-shidka |
| <input type="checkbox"/> Xayawaanka dad-la-nool kale               | <input type="checkbox"/> Hawa qaboojiyaha                               |
| <input type="checkbox"/> Barkinta baalka ka samaysan               | <input type="checkbox"/> Qoyaanka aasaaska                              |
| <input type="checkbox"/> Go'a culus ee la huwado                   | <input type="checkbox"/> Dhoobada iyo wax la mida oo<br>ka samaysma     |
| <input type="checkbox"/> Katifadda qolka jiifka                    | <input type="checkbox"/> Hawo nadifiyaha guriga oo idil                 |
| <input type="checkbox"/> Hawa nadiifiyaha qolka                    |   |

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### Taariikh Bulshadeedka

- Xilka: \_\_\_\_\_  
 Haddii canug uu yahay, deegaanka koobaad waa:  
 Hal guri                    Kala qaybiyaha guryaha dhexdooda  
 Wax-qabadka  
 waqtiga firaaqada: \_\_\_\_\_  
 \_\_\_\_\_

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_____

### Dib-u-eegidda Hannaanada *Goobee kuwa laga codsaday oo idil*

Guud ahaan	Miisaan kordhin	Miisaan dhimis	Isbaddallo xagga hurdada
Dhagaha	Buuxsnaan	Maqalka oo yaraada	Wareer
Sanka	Khuuro	Isbaddal dareenka dhadhanka	Dareere/qoyaan
Cunaha	Xabeeb	Kaar	Dhibato xagga liqidda
Neefsiga	Ciriiri xagga neefsiga	Xiiq	Balqan
La xarira dhigga iyo wadnaha	Xabad xanuun	Jilibka oo barara	Wadna-gariir
La xariira caloosha iyo mindhicirada	Lalabbo	Laab-jeex	Daaco
La xariira murqaha iyo lafaha	Xanuun xagga kalagoysyada	Togtognaan xagga kalagoysyada	Kalagoysyada oo barara
La xariira dareemaha	Suuxdin	Naxuusid/diidid	Tabar darro
La xariira waallida	Isbaddallo xagga dabeeccadda		Walwal
Qanjiirada oo dhacaan siidaaya	Adkeysi la'an xagga qabowga	Adkaysi la'an xagga kulaylka	Jarayn
La xariira dhiigga	Dhiig-bax	Jug/murxid	
Maqaarka	Finan	Qolof yeeshay	Isbaddal ciddiyaha ku dhaca

### Xajiinta Maqaarka Jirka

Haddii aad ka walaacsantahay wax la xariira nabarada xajiinta, fadlan ka jawaab su'aala hoose:

Astaamaha soo socda iskumar miyay dhaceen?

- Haa       Maya      Xiiq

**Dhaqtarka qoralkisa**

Magaca: \_\_\_\_\_

Taariikhda Dhalashada: \_\_\_\_\_

Taariikhda Mantay: \_\_\_\_\_

## Su'aalaha Quran ee Bukaanka Cusub

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|------------------------------|-------------------------------|--|
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Dhibaato xagga wax liqidda   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Cunaha oo cirrii noqota  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Calool majiirid  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Barar bushimaha/maqaarka<br>indhaha/gacmaha/cagtaa   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Welwelku ma kugu sii kordhayaa?  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Dhowaan ma qaadanaysay daawooyin cusub<br>ama waxyaaba dheeraada?  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Qiyaasta daawooyinka aad qaadatay dhowaan<br>ma la baddalay?   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Ma qaaday caabuq dhowaan?  |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Ma taabatay dhecaaka cinjirka (latex)?   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Horay cagaarshow ma kugu dhacay?   |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Adiga ama qoyskaada horay ma ku dhacay qanjir<br>bararka hoose ama sare ee cunaha?                           |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Adiga ama qoyskaada horay ma ku dhacay<br>cudurka lafa xanuunka romaatismada?                                |
| <input type="checkbox"/> Haa | <input type="checkbox"/> Maya | Mid ka mida xubnaha qoyskaada ma qaaday<br>finanka xajjiinta maqaarka (hives) ama dhacdooyin<br>barar lahaa? |

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**Mid kasta oo ka mida kuwa soo socda ma sababeen finaanka  
xajjiimaha maqaarka ama barar?**

- |                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Kulaylka    | <input type="checkbox"/> Qabowga                 |
| <input type="checkbox"/> Jimicsiga   | <input type="checkbox"/> Walbahaarka             |
| <input type="checkbox"/> Cadaadiska  | <input type="checkbox"/> Cuntada                 |
| <input type="checkbox"/> Daawooyinka | <input type="checkbox"/> Aspirin/Ibuprofen       |
| <input type="checkbox"/> Cuntada     | <input type="checkbox"/> Dhiigga caadada dumarka |

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## Xasasiyadda Cuntada

Haddii aad ka walaacsantahay xasaasiyadda cuntada la xariirta, fadlan ka jawaab su'aalaha hoose:

**Waa maxay astaamaha cuddurka marka la cuno cuntada qaarkeed?**

- |   |  |
|---|--|
| <input type="checkbox"/> Finanka xajjiinta maqaarka | <input type="checkbox"/> Calool xanuun |
| <input type="checkbox"/> Cunaha oo barara           | <input type="checkbox"/> Mataag        |
| <input type="checkbox"/> Nabro cunaha ka soo baxa   | <input type="checkbox"/> Shuban        |
| <input type="checkbox"/> Cabbur                     | <input type="checkbox"/> Neenf         |
| <input type="checkbox"/> Cambaar                    | <input type="checkbox"/> Wax kale      |

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Waa imisa cuntada la cunay si falcelisku u dhaco? \_\_\_\_\_

Ugu dhowaan marka cuntda la cuno goormay astaamaasu soo baxeen? \_\_\_\_\_

- Haa     Maya    Ma garanaysaa cuntada sababata falceliska?

Haddii ahaa, caddee: \_\_\_\_\_

- Haa     Maya    Falcelisku ma u baahdaybooqashda qolka deg-degga ama jiifka isbitaalka?

Haddii haa, xaggee: \_\_\_\_\_

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Magaca: \_\_\_\_\_

Taariikhda Dhalashada: \_\_\_\_\_

Taariikhda Mantay: \_\_\_\_\_

## Su'aalaha Quran ee Bukaanka Cusub

### Qaniinyada Cayayaanka

Haddii aad walaac ka qabto waxa la xariira qaniinyada cayayaanka, fadalan ka jawaab su'aalaha hoose:

#### Waa maxay astaamaha cudurka mrka cayaan ku qaniino?

- |   |  |
|---|--|
| <input type="checkbox"/> Xajiiinta maqaarka       | <input type="checkbox"/> Calool xanuun |
| <input type="checkbox"/> Cunaha oo barara         | <input type="checkbox"/> Mataag        |
| <input type="checkbox"/> Nabro cunaha ka soo baxa | <input type="checkbox"/> Shuban        |
| <input type="checkbox"/> Cabbur                   | <input type="checkbox"/> Neef          |
| <input type="checkbox"/> Barar                    | <input type="checkbox"/> Miyr beel     |

#### Dhaqtarka qoralkisa

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Imisa cayeyaan ayaa ku qaniinay ka hor falcelisku intii aanu dhicin? \_\_\_\_\_

Ugu dhowaan marka cayeyanku ku qaniinay goormaa astaamahu soo baxeen? \_\_\_\_\_

Haa     Maya    Ma garanaysa cayayaanka (xoon, xoonka hurdiga, xoonka weyn, shinnida) ee sababay falceliska?

Haddii haa, caddee: \_\_\_\_\_

Haa     Maya    Falceliska ma looga baahday booqashada qolka deg-degga ama jiifinta isbitaalka?

Haddii haa, goorma: \_\_\_\_\_

### Ma jiraan waxyaabo kale oo aad doonayso in dhaqtarku ogado?

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