

Npe: \_\_\_\_\_

Hnub Yug: \_\_\_\_\_

Hnub Tim Hnub No: \_\_\_\_\_

## Lus Nug Tus Neeg Mob Tshiab

Thawj Kws Kho Mob Npe: \_\_\_\_\_  
 Thawj Chaw Kuaj Mob: \_\_\_\_\_

Puas xav kom sib tham tuav tswv yim?  Xav  Tsis Xav  
 Kws kho mob xa los npe (yog ho txawv): \_\_\_\_\_

*Thov teb cov lus nug hauv qab no los pab kuaj koj qhov teeb meem kev mob.*

### **Kws kho mob cov lus cim**

#### **Vim li cas koj thiaj tuaj kuaj:**

- |                              |                                   |  |
|------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Mob qhov ntswg los sis raj cua caj ntswm |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Mob qhov muag                            |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Hawb pob                                 |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Hnoos                                    |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Tawv su pob khaus los ntshav             |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Ua xua (xyuas phab 4)                    |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Qaug Zauba Mov (xyuas phab 4)            |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Kab plev (xyuas phab 5)                  |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Lwm Yam                                  |

#### **Yog koj mob qhov ntswg los sis raj cua qhov ntswg, koj puas muaj:**

- |                               |                                    |  |
|-------------------------------|------------------------------------|--|
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Txhaws ntswg                             |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Los ntswg                                |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Khaus                                    |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Txham                                    |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Qhov ntswg txhaws                        |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Hnoos qeев ntws rau caj pas              |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Hnoos qeев daj/ntsuab                    |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Txia ntshav                              |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Hnia ntixhiab tsis tau zoo               |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Qhov ntswg hlav nqaij dhau los           |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Phais raj cua caj ntswm Hnub tim: _____  |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Mob taub hau raws raj cua caj ntswg      |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Raj cua caj ntswg muaj kab mob           |
|                               |                                    | Puas tsawg zaus xyoo dhau los? _____     |
| <input type="checkbox"/> Tau  | <input type="checkbox"/> Tsis tau  | Koj puas tau siv tshuaj txau qhov ntswg? |
|                               |                                    | Yog tau, cov npe:<br>_____               |

- |                              |                                   |                              |
|------------------------------|-----------------------------------|------------------------------|
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Koj puas tau noj tshuaj pab? |
|                              |                                   | Yog tau, cov npe:<br>_____   |

#### **Yog koj muaj mob qhov muag, koj puas muaj:**

- |                               |                                    |                                     |
|-------------------------------|------------------------------------|-------------------------------------|
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Khaus khaus                         |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Los kua muag                        |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Qhov muag liab                      |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Kub kub qhov muag                   |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Quav muag los/Cam                   |
| <input type="checkbox"/> Tau  | <input type="checkbox"/> Tsis tau  | Koj puas tau siv kua tso qhov muag? |
|                               |                                    | Yog tau, cov npe:<br>_____          |

Npe: \_\_\_\_\_

Hnub Yug: \_\_\_\_\_

Hnub Tim Hnub No: \_\_\_\_\_

## Lus Nug Tus Neeg Mob Tshiab

**Cov teeb meem Qhov Ntswg/Raj Cua Qhov Ntswg/Qhov Muag muaj thaum twg:**

- |  |  |
|--|--|
| <input type="checkbox"/> Caij nplooj hlav  | <input type="checkbox"/> Yav sawv ntxov              |
| <input type="checkbox"/> Caij ntuj so      | <input type="checkbox"/> Yav yuav tsaus ntuj         |
| <input type="checkbox"/> Caij nplooj zeeg  | <input type="checkbox"/> Sijhawm pw tsaug zog        |
| <input type="checkbox"/> Caij ntuj no      | <input type="checkbox"/> Tom haujlwm/tsev kawm ntaww |
| <input type="checkbox"/> Txhua lub sijhawm | <input type="checkbox"/> Tawm lawm nraum zoov        |
|  | <input type="checkbox"/> Hauv tsev                   |

**Kws kho mob cov lus cim**

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**Cov teeb meem Qhov Ntswg/Raj Cua Qhov Ntswg/Qhov Muag haj yam loj ntxiv yog muaj:**

- |  |  |
|--|--|
| <input type="checkbox"/> Miv                             | <input type="checkbox"/> Txiaiv nroj         |
| <input type="checkbox"/> Dev                             | <input type="checkbox"/> Kuam nplooj qhua    |
| <input type="checkbox"/> Plua tshauv                     | <input type="checkbox"/> Huab cua sov        |
| <input type="checkbox"/> Ua ev xes xais<br>(siv lub zog) | <input type="checkbox"/> Huab cua hloov      |
| <input type="checkbox"/> Khaub thuas/<br>kis kab mob     | <input type="checkbox"/> Nab hoom/pa tsw qab |
| <input type="checkbox"/> Pa luam yeeb                    | <input type="checkbox"/> Zaub mov: _____     |
| <input type="checkbox"/> Huab cua vaum                   | <input type="checkbox"/> Tshuaj: _____       |
| <input type="checkbox"/> Huab cua no                     | <input type="checkbox"/> Lwm yam: _____      |

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**Yog koj muaj teeb meem Hawb Pob los sis Hnoos, koj puas muaj:**

- |                               |                                    |  |
|-------------------------------|------------------------------------|--|
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Suab hawb pob  |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Ua pa tsis nto   |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Hauv siab ceev ceev  |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Hnoos thaum pw tsaug zog   |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Hnoos tawm hnoos qevev   |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Kub plab plawv   |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Kuaj pom tias hawb pob? Hnub nyooq: _____  |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Muaj teeb meem los thaum yau.<br>Yog muaj, hnub nyooq pib muaj: _____  |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Pw tsev kho mob vim hawb pob?<br>Yog muaj, puas tsawg zaus: _____  |
| <input type="checkbox"/> Muaj | <input type="checkbox"/> Tsis muaj | Mus ER vim hawb pob.<br>Yog muaj, puas tsawg zaus: _____   |
| <input type="checkbox"/> Tau  | <input type="checkbox"/> Tsis tau  | Cov teeb meem puas tau ua rau koj qhaj<br>tsev kawm ntaww los sis haujlwm xyoo<br>dhau los?                              |
| <input type="checkbox"/> Tau  | <input type="checkbox"/> Tsis tau  | Yog tau, puas tsawg zaus:<br>Koj puas tau siv cov tshuaj txau pa pab rau<br>cov teeb meem?<br>Yog tau, cov npe:<br>_____ |

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**Cov teeb meem Hawb Pob/Hnoos muaj rau:**

- |   |  |
|---|--|
| <input type="checkbox"/> Caij nplooj hlav | <input type="checkbox"/> Yav sawv ntxov              |
| <input type="checkbox"/> Caij ntuj so     | <input type="checkbox"/> Yav hnub qaij               |
| <input type="checkbox"/> Caij nplooj zeeg | <input type="checkbox"/> Yav yuav tsaus ntuj         |
| <input type="checkbox"/> Caij ntuj no     | <input type="checkbox"/> Hmo ntuj                    |
| <input type="checkbox"/> Thawm xyoo       | <input type="checkbox"/> Tom tsev                    |
|   | <input type="checkbox"/> Tom haujlwm/tsev kawm ntaww |

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**Cov teeb meem hawb pob/hnoos haj yam loj ntxiv yog muaj:**

**Kws kho mob cov lus cim**

Npe: \_\_\_\_\_

Hnub Yug: \_\_\_\_\_

Hnub Tim Hnub No: \_\_\_\_\_

## Lus Nug Tus Neeg Mob Tshiab

- |  |   |
|--|---|
| <input type="checkbox"/> Tsiaj           | <input type="checkbox"/> Khaub thus                   |
| <input type="checkbox"/> Plua tshauv     | <input type="checkbox"/> Cua vaum                     |
| <input type="checkbox"/> Pa              | <input type="checkbox"/> Ua ev xes xais (siv lub zog) |
| <input type="checkbox"/> Zaub mov        | <input type="checkbox"/> Cua txias                    |
| <input type="checkbox"/> Kev kis kab mob | <input type="checkbox"/> Tshuaj: _____                |

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## Vaj Tse Chaw Nyob

- |  |   |
|--|---|
| <input type="checkbox"/> Tsev kheej                | <input type="checkbox"/> Zos                                |
| <input type="checkbox"/> Chav xauba/tsev sib npuab | <input type="checkbox"/> Deb Zos/Hav Zoov/Pas Dej           |
| <input type="checkbox"/> Tsev cab mus los tau      | <input type="checkbox"/> Tawm Ntug Zos Mus                  |
| <input type="checkbox"/> Miv Puas tsawg tus? _____ | <input type="checkbox"/> Pa luam yeeb                       |
| <input type="checkbox"/> Dev Puas tsawg tus? _____ | <input type="checkbox"/> Cua sov npuj los                   |
| <input type="checkbox"/> Noog                      | <input type="checkbox"/> Qhov cub/chav rauv taws hlawa ntoo |
| <input type="checkbox"/> Lwm yam tsiaj yug         | <input type="checkbox"/> Cua txias                          |
| <input type="checkbox"/> Hauv ncoo plaub qaib/noog | <input type="checkbox"/> Theem tsev hauv qab ntub ntsuav    |
| <input type="checkbox"/> Pam plaub qaib/noog       | <input type="checkbox"/> Tuaj pwm                           |
| <input type="checkbox"/> Ntaub pua chav pw         | <input type="checkbox"/> Lub lim cua tag nrho lub tsev      |
| <input type="checkbox"/> Lub lim cua rau hauv chav |   |

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## Keeb Kwm Nyob Noj Nyob Haus

Haujlwym: \_\_\_\_\_

Yog ho yog menuam yaus, thawj qhov chaw nyob yog:

 Ib lub tsev       Mus los ntawm ntau lub tsev

Tej nyiam ua lom zem: \_\_\_\_\_

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## Kuaj Xyuas Txhua Yam Ib Ce Kos voj voog rau qhov uas dhos

Xyuas dav dav	Qhov nyhav nce (nce phaus)	Qhov nyhav tzo (poob phaus)	Kev pw tsaug zog tau hloov
Pob ntseg	Txwm txwm	Kev hnov lus tzo mus	Kiv taub hau
Qhov ntswg	Ua qaj	Kev hnov ntxhiab hloov	Txia kua
Caj pas	Ua pa hawb pob	Mob	Nqos nyuab
Kev ua pa	Ua pa tsis nto	Hawb pob	Hnoos qeев
Kev ntshav khiav	Mob hauv siab	Cov pob taws o	Plawv tshee
Plab hnyuv	Xeev siab	Kub pab plawv	Ntws rov qab
Pob txha nqaij	Mob pob tes pob taw	Pob tes pob taw txhav txhav	Pob tes pob taw o
Sab leeg	Qaug dab peg	Tsaus muag	Tsis muaj zog
Lub hlwb	Hloov siab ntsws kev xav sai	Txhawj xeeb	
Kua yug ib ce	Tsis tiv no	Tsis tiv sov	Tshee
Ntshav ib ce	Los ntshav	Doog ntshav	
Tawv nqaij	Ua pob	Nti	Rau tes taw hloov

## Kev Ua Xua

Yog koj muaj teeb meem kev ua xua, thov teb cov lus nug hauv qab no:

Puas yog cov teeb meem hauv qab no tshwm shim tib lub sijhawm? **Kws kho mob cov lus cim**



# **Lus Nug Tus Neeg Mob Tshiab**

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|------------------------------|-----------------------------------|---|
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Hawb pob  |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Nqos nyuab  |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Caj pas ti ti   |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Mob plab txaww txaww  |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Di ncauj/di muag/tes/taw o  |
| <input type="checkbox"/> Yog | <input type="checkbox"/> Tsis yog | Puas yog koj ntxhov siab loj?   |
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Tsis ntev los no koj puas tau noj tshuaj los sis tshuaj pab ib ce tshiab?             |
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Koj cov tshuaj puas tau raug hloov kom noj nce ntxiv los sis txo mus?                 |
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Koj puas tau kis kab mob ib qho tsis ntev los no?                                     |
| <input type="checkbox"/> Kov | <input type="checkbox"/> Tsis kov | Koj puas kov txog khoom siv roj hmab ua?  |
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Koj puas tau muaj kab mob siab?   |
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Koj los sis koj tsev neeg puas tau mob qog qa hlav?                                   |
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Koj los sis koj tsev neeg puas tau muaj mob nqaj tawv o huam los sis mob qij txha?    |
| <input type="checkbox"/> Tau | <input type="checkbox"/> Tsis tau | Koj los sis cov neeg leej twg hauv koj tsev neeg puas tau mob ua xua los sis ib ce o? |

**Puas muaj ib qho twg hauv qab no ua rau ua xua los sis o?**

- |  |   |
|--|---|
| <input type="checkbox"/> Cua sov                         | <input type="checkbox"/> Cua txias              |
| <input type="checkbox"/> Ua ev xes xais<br>(siv lub zog) | <input type="checkbox"/> Kev ntxhov siab        |
| <input type="checkbox"/> Kev nyuaj siab                  | <input type="checkbox"/> Zaub mov               |
| <input type="checkbox"/> Tshuaj noj                      | <input type="checkbox"/> Aspirin/Ibuprofen      |
| <input type="checkbox"/> Zauba mov                       | <input type="checkbox"/> Ntshay coi khaub ncaws |

## Kev Qauq Zaub Mov

Yog koj txhawj xeeb txog kev qaug zaub mov, thov teb cov lus nug hauv qab no:

**Muaj teeb meem dab tsi tom qab noj ib yam zaub mov twq?**

- |                                       |                                    |
|---------------------------------------|------------------------------------|
| <input type="checkbox"/> Ua xua       | <input type="checkbox"/> Mob plab  |
| <input type="checkbox"/> Caj pas o    | <input type="checkbox"/> Ntuav     |
| <input type="checkbox"/> Khaus qa     | <input type="checkbox"/> Zawv plab |
| <input type="checkbox"/> Txhaws ntswg | <input type="checkbox"/> Hawb pob  |
| <input type="checkbox"/> tawy o khaus | <input type="checkbox"/> Lwm yam   |

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Yuav tau noj yam zaub mov nyau npaum li cas es thiaj muaj tau qhov teeb meem?

Hov ntev tom qab noj tas es thiaj muai cov teeb meem?

- Paub     Tsis paub    Koj puas paub seb yam zaub mov twg thiaj ua rau qaug?  
Xeo paub chia kom tsob;

Yog paub, qila kom tseeb: \_\_\_\_\_  
Obay kaw gawg nwas tau wa raw

- tau     tsis tau    Qhov kev qaug puas tau ua rau tau mus ntsib chav ER los sis pw tsev kho mob?  
Yog tau, thaum twg: \_\_\_\_\_

Npe: \_\_\_\_\_

Hnub Yug: \_\_\_\_\_

Hnub Tim Hnub No: \_\_\_\_\_

## Lus Nug Tus Neeg Mob Tshiab

### Kev Raug Kab Plev

Yog koj txhawj xeeb txog kev raug kab plev, thov teb cov lus nug hauv qab no:

**Muaj teeb meem dab tsi tom qab koj raug ib tug kab plev?**

- |                                       |   |
|---------------------------------------|---|
| <input type="checkbox"/> Ua xua       | <input type="checkbox"/> Mob plab           |
| <input type="checkbox"/> Caj pas o    | <input type="checkbox"/> Ntuav              |
| <input type="checkbox"/> Khaus qa     | <input type="checkbox"/> Zaww plab          |
| <input type="checkbox"/> Txhaws ntswg | <input type="checkbox"/> Hawb pob           |
| <input type="checkbox"/> Ib ce o      | <input type="checkbox"/> Tsis nco qab hlias |

**Kws kho mob cov lus cim**

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Puas tsawg tus kab plev koj ua ntej yuav muaj qhov teeb meem?

Hov ntev tom qab koj raug plev es thiaj li muaj qhov teeb meem? \_\_\_\_\_

Paub     Tsis paub    Koj puas paub seb hom kab twg (nkawj, nkawj daj, ntseeb, muv) thiaj ua kom muaj qhov teeb meem?

Yog paub, qhia kom tseeb: \_\_\_\_\_

Tau     Tsis tau    Qhov teeb meem puas tau ua kom mus ntsib chav ER los sis pw tsev kho mob?

Yog tau, thaum twg: \_\_\_\_\_

### Tshuav dab tsi ntxiv uas koj xav kom tus kws kho mob paub?

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